



THE FIFTH SUNDAY after EPIPHANY

5th February, 2012

SUNG EUCHARIST

10:30 am

Welcome to the Cathedral Church of the Redeemer.

We are happy to have you with us. This service is part of our ongoing life of worship, learning and service. We are here to deepen our relationship with God and with one another, and to explore how to live our lives more fully and compassionately. Please let us know more about you by completing a welcome card which can be found in the pews and placing it in the offering plate or handing it to any usher.

*The order of service is found in the Green Book of Alternative Services
The asterisk (*) indicates when the congregations kneels*

MUSIC OF THE LITURGY

Communion Service William Matthias (1934-1992)

PRELUDE *Messa della Madonna* Girolamo Frescobaldi (1583-1643)

Toccata in C Johann Froberger (1616-1667)

HYMN 528 *St. Anne*

THE GATHERING OF THE COMMUNITY

THE GREETING & COLLECT FOR PURITY page 185

GLORY TO GOD page 186
music, page 1 of yellow insert

COLLECT OF THE DAY page 353

Celebrant Let us pray.
Merciful Lord,
grant to your faithful people pardon and peace,
that we may be cleansed from all our sins
and serve you with a quiet mind;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever.

People **Amen.**

THE PROCLAMATION OF THE WORD

FIRST READING Isaiah 40: 21-31

Reader: Marg Boëda

Have you not known? Have you not heard? Has it not been told you from the beginning?
Have you not understood from the foundations of the earth? It is he who sits above the

circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the LORD, and my right is disregarded by my God”? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The word of the Lord.
People **Thanks be to God.**

PSALM

147: 1-12, 20c

Cantor first, then all sing the refrain.

The Choir sings the verses and the Congregation sings the refrain where indicated

Mode 1

Refrain

Sing to the Lord with thanks - giv - ing.

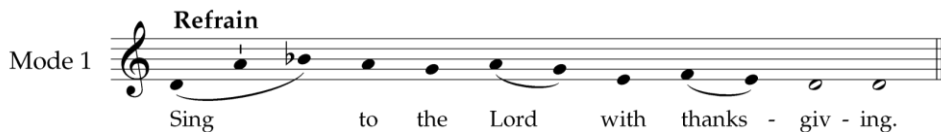
from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

Hallelujah! How good it is to sing praises to our God! *
 how pleasant it is to honor him with praise!
 The LORD rebuilds Jerusalem; *
 he gathers the exiles of Israel.
 He heals the brokenhearted *
 and binds up their wounds.

Refrain

He counts the number of the stars *
 and calls them all by their names.

Great is our LORD and mighty in power; *
there is no limit to his wisdom.



from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

The LORD lifts up the lowly, *
but casts the wicked to the ground.
Sing to the LORD with thanksgiving; *
make music to our God upon the harp.

Refrain

He covers the heavens with clouds *
and prepares rain for the earth;
He makes grass to grow upon the mountains *
and green plants to serve mankind.
He provides food for flocks and herds *
and for the young ravens when they cry.

Refrain

He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man.
But the LORD has pleasure in those who fear him, *
in those who await his gracious favour. Hallelujah!

Refrain

SECOND READING

1 Corinthians 9: 16-23

Reader: Reg Paul

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but

am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The word of the Lord.

People **Thanks be to God.**

HYMN – see pages 8 and 9 of the service sheet

St. Matthew

THE ALLELUIA

Cantor first, then all sing



Cantor He took our infirmities and bore our diseases.

All repeat the Alleluias

GOSPEL

Mark 1: 29-39

Gospeller The Lord be with you.

People **And also with you.**

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Jesus Christ.**

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns,

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| PROPER PREFACE | page 218 |
| HOLY, HOLY, HOLY LORD | page 198 <i>music, page 2 of yellow insert</i> |
| *EUCHARISTIC PRAYER 3 <i>continues</i> | page 198 –ff |
| *THE LORD’S PRAYER | page 211 |
| *THE FRACTION – SENTENCE 2 | page 212 |
| LAMB OF GOD | <i>music, music, page 3 of yellow insert</i> |

Please take purses and valuables with you when you go to Communion
Sacramental Ministers: Reg Paul & Jennifer Reed

MOTET Derek Holman (b. 1931)

Prevent us, O Lord, in all our doings with thy most gracious favour, and further us with thy continual help, that in all our works begun, continued, and ended in thee we may glorify thy holy Name, and finally by thy mercy obtain everlasting life, through Jesus Christ our Lord. Amen.

- The Book of Common Prayer

All stand for

THE PRAYER AFTER COMMUNION ‘All Your works...’ page 214

THE BLESSING

THE DISMISSAL

Priest Let us go forth in peace to love and serve the Lord.
People **Thanks be to God.**

HYMN 341 *Heathlands*

VOLUNTARY *Praeludium in E Minor "The Little"* Nicolaus Bruhns (1665-1697)

The image displays four systems of piano accompaniment notation, each consisting of a grand staff with a treble and bass clef. The music is in G minor (two flats) and 3/4 time. The notation is primarily chordal, with the bass line providing a steady harmonic foundation. The treble line features various rhythmic patterns, including quarter notes, eighth notes, and sixteenth notes, often with slurs and accents. The systems are arranged vertically, with the first system at the top and the fourth at the bottom. The final system concludes with a double bar line.

1. Thine arm, O Lord, in days of old
was strong to heal and save;
it triumphed o'er disease and death,
o'er darkness and the grave.
To thee they went, the blind, the dumb,
the palsied, and the lame,
the leper set apart and shunned,
the sick with fevered frame.

2. And lo! thy touch brought life and health,
gave hearing, strength, and sight;
and youth renewed and frenzy calmed
owned thee, the Lord of light:
and now, O Lord, be near to bless,
almighty as of yore,
in crowded street, by restless couch,
as by Gennesaret's shore.

3. Be thou our great deliverer still,
thou Lord of life and death;
restore and quicken, soothe and bless,
with thine almighty breath:
to hands that work and eyes that see,
give wisdom's heavenly lore,
that whole and sick, and weak and strong,
may praise thee evermore.

Words: Edward Hays Plumptre (1821-1891), alt.
Music: *St. Matthew* from *Supplement to the New Version of Psalms*
by Nicholas Brady (1659-1726) and Nahum Tate (1652-1715)

Intercessions

FOR THOSE IN NEED: Kristy Benckhuysen (granddaughter of Mike and Sandy Prior); Kyle McLeod, Mike & Judy Pargeter, Sydney, Horace and Erica

FOR THOSE ON THE PARISH CYCLE OF PRAYER: Mike & Judy Pargeter; Cherie Parry; Bruce & Carolyn Patterson; Diana Patterson; Phyllis Patterson; Reg & Anne Paul; George, Gini & Sarah Varghese; Geraldine Pekas; Nora Pekas; Korey, Jenny, Emmanuelle & Simon Peters; Lynne, Rob & Andrew Phillips

Music, Liturgy and Christian Education

- ❖ **Sunday School** is held during the 10:30 service. All children who are aged 3 and older are invited to join us.
- ❖ **Candlelight Vespers** is held on Thursdays at 6 pm. The service is based on the ancient monastic rite sung at the close of the day. Led by the cathedral choir, the service is sung in its entirety. It is a time for reflection and recollection in which you can be restful in the presence of God and delight in the serenity of the cathedral's surroundings. Please join us at the end of the work day for a beautiful, contemplative half-hour service of chant, silence, and candlelight.
- ❖ The Rector's Sermons are now available on the Cathedral website.
- ❖ FORTHCOMING SERVICES: **Sunday, February 19** Choral Evensong at 4:30pm. *Music to include the Evening Canticles in D by George Dyson and 'Sing We Merrily' by Sydney Campbell.*

Forthcoming Events

- ❖ **KAIROS Calgary** invites you to spend a morning with Chris Turner, author of *The Geography of Hope* and of *The Leap: How to survive in the Sustainable Economy* at Varsity Acres Presbyterian Church, 4612 Varsity Drive, NW, on Saturday February 11th from 9:00am to 1:00pm (registration begins at 8:30am). The cost is \$15 which includes refreshments throughout the morning. For more information and to register visit www.kairos-calgary.ca or email pwrdfcalgary@telus.net or phone Alison Longson at 403 243 5478

- ❖ **Save the Date!** The Parish Council is hosting a Shrove Tuesday Pot Luck in Jean Golden Hall on Tuesday, February 21 at 6 pm. Details will be published shortly.

Stewardship and Finance

- ❖ Income tax receipts for 2011 will be mailed out in the next few weeks. If you have moved in the past year, **PLEASE MAKE SURE** that the Cathedral office has your correct contact information including mailing address with postal code, and telephone number. The information can be telephoned 403-269-1905 ext.112 or emailed to the office office@anglican Cathedralcalgary.ca
- ❖ Please pick up your **2012 Contribution Envelopes** from the Narthex if you have not already done so. **Please do not use envelopes from past years as some numbers have been reassigned.** If you have any questions regarding the donation envelopes, if your contact information changes, or if you would like to start using envelopes, please contact the office 403-269-1905 ext.112 or office@anglican Cathedralcalgary.ca

Other Announcements

- ❖ **Inn From The Cold:** Once again we had a very successful "Inn" and hosted fifteen guests including a wee two year old boy. Many thanks as usual to our wonderful volunteers, including four young people from Youth Central - Team Leader Alyssa, Kevin, Belal and Steve (who holds the record for most volunteer hours worked). We will host our next "Inn" at St. Stephen's Anglican Church on Tuesday May 30th and Wednesday May 31st. We could use another pair of hands for clean up on Wednesday morning, so if you could spare one hour from 7:00 a.m. to 8:00 a.m. please contact Irene Dean 403-257-2094. Sandra Prior is not available during February.



604 1st Street SE
Calgary, AB T2G 5H8
Tel. 403.269.1905 fax 403.269.5391

office@anglican Cathedral Calgary.ca

www.anglican Cathedral Calgary.ca

The Rev'd Leighton Lee, *Rector*
The Ven. J. Barry Foster, *Archdeacon of Calgary*
The Rev'd Canon Dr. Cyril Challice, *Honorary Assistant*

Dr. Timothy Pyper, *Director of Music*
Tristan Wright, *Organ Scholar*

Norreen Baker-Hall, *Rector's Warden* • Jamie Hutchison, *People's Warden*
Christine Sutherland, *Assistant Warden*

Office hours are Monday – Thursday 9 AM – 4 PM

The Rector's day off is Friday

Services this Week:

Thursday, February 9 – Candlelight Vespers at 6 pm in the Nave

**There are NO noon hour Eucharists on Tuesday, February 7
or Thursday, February 9**