



THE THIRD SUNDAY in LENT

27th March, 2011

SUNG EUCHARIST

10:30 am

BEFORE WORSHIP

If you are joining us for the first time, welcome.

As we approach the start of the service, pray silently for:

*those leading our worship in word, music, prayer and sacrament;
the Church, the diocese of Calgary, and its bishop;
the world and its needs;
those unable to join us because of illness or infirmity;
and yourself.*

ABOUT THIS SERVICE

Baptized persons who are communicant members of other churches that subscribe to the doctrine of the Holy Trinity and are in good standing with their own church are invited to receive Holy Communion.

Those not receiving Holy Communion are invited to come forward to receive a blessing. Those wishing a blessing are asked to please cross their arms over their chests as an indication to the priests.

The Order of Service is found in the Green Book of Alternative Services.

The Hymnal is the large Blue book entitled Common Praise.

The Asterisk () indicates when the Congregation kneels.*

MUSIC OF THE LITURGY

Missa da Sancta Maria Magdalena

Healey Willan (1880-1968)

There are no organ preludes in Lent

HYMN 172

Bourbon

THE GATHERING OF THE COMMUNITY

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People **And with thy spirit.**

Celebrant Almighty God,
All **unto whom all hearts be open,
all desires known,
and from whom no secrets are hid:
cleans the thoughts of our hearts
by the inspiration of thy Holy Spirit,
that we may perfectly love thee,
and worthily magnify thy holy name;
through Christ our Lord. Amen.**

In Lent, the Gloria in excelsis is omitted. In its place, we sing

KYRIE ELEISON

page 11 of the Service Sheet

COLLECT OF THE DAY

page 289

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE PROCLAMATION OF THE WORD

THE FIRST READING

Exodus 17: 1-7

Reader: Claude Beppo

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader The word of the Lord.

People **Thanks be to God.**

PSALM

95

Cantor first, then all sing the refrain.

The Choir sings the verses and the Congregation sings the refrain where indicated

Mode 2

Refrain

To-day if you would hear God's voice, hard-en not your hearts.

from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated

Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

Refrain

For the LORD is a great God, *
and a great King above all gods.
In his hand are the caverns of the earth, *
and the heights of the hills are his also.

The sea is his, for he made it, *
and his hands have molded the dry land.

Refrain

Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

Refrain

Harden not your hearts, as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.

They put me to the test, *
though they had seen my works.

Refrain

Forty years long I detested that generation and said, *
“This people are wayward in their hearts; they do not know my ways.”
So I swore in my wrath, *
“They shall not enter into my rest.”

Refrain

THE SECOND READING

Romans 5: 1-11

Reader: Mary Louise Mitchell

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The word of the Lord.
People **Thanks be to God.**

HYMN 178

Bellwoods

In Lent the Alleluias are omitted

GOSPEL

John 4: 5-42

Gospeller The Lord be with you.
People **And with thy spirit.**

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory be to thee, O Lord.**

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that

he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Gospeller The Gospel of Christ.
People **Praise be to thee, O Christ.**

THE SERMON	Canon Challice
THE CREED	page 234
*THE PRAYERS OF THE PEOPLE	page 236 <i>Intercessor: Julia Haynes</i>
*CONFESSION AND ABSOLUTION	page 239
THE PEACE	page 240
WORDS OF WELCOME AND ANNOUNCEMENTS	
ANTHEM	W. Sterndale Bennett (1816-1875)
God is a Spirit: and they that worship him, must worship him in spirit and in truth. For the Father seeketh such to worship him.	
	- <i>John 4: 23, 24</i>

THE CELEBRATION OF THE EUCHARIST

HYMN 442	<i>St. Petersburg</i>
THE PRAYER OVER THE GIFTS	page 290
EUCCHARISTIC PRAYER A	page 241
PROPER PREFACE	page 252
SANCTUS & BENEDICTUS	page 12 of the Service Sheet
*EUCCHARISTIC PRAYER A <i>continues</i>	page 241 –ff
*THE LORD’S PRAYER	page 245
*THE BREAKING OF THE BREAD	
<i>Celebrant</i>	Christ our Passover is sacrificed for us.
<i>People</i>	Therefore let us keep the feast.
*AGNUS DEI	page 13 of the Service Sheet
	<i>Please take purses and valuables with you when you go to Communion</i> <i>Sacramental Ministers: Paul Boëda & Julia Haynes</i>
MOTET	Camille Saint-Saëns (1835-1921)
Panis angelicus fit panis hominum; Dat panis coelicus figuris terminum: O res mirabilis! Manducat Dominum Pauper, servus et humilis. Te trina Deitas unaque poscimus: Sic nos tu visita, sicut te colimus; Per tuas semitas duc nos quo tendimus, Ad lucem quam inhabitas. Amen.	<i>The angelic bread becomes the bread of men; The heavenly bread ends all prefigurations: What wonder! A poor and humble servant consumes the Lord. Triune God, We beg of you, that you visit us as we worship you. By your ways, lead us who seek the light in which you dwell. Amen.</i>
	- <i>Thomas Aquinas (c. 1225-1274)</i>

COMMUNION HYMN 533

Aberystwyth

THE PRAYER AFTER COMMUNION

page 247

Celebrant Almighty and everliving God,
All **we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.**

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

THE SOLEMN BLESSING

Celebrant May God the Father, who does not despise the broken spirit, give to you a contrite heart.

People **Amen.**

Celebrant May Christ who bore our sins in his body on the tree, heal you by his wounds.

People **Amen.**

Celebrant May the Holy Spirit, who leads us into all truth, speak to you words of pardon and peace.

People **Amen.**

Celebrant And the blessing of God Almighty: Father, Son, and Holy Spirit, be upon and remain with you always.

People **Amen.**

THE DISMISSAL

Celebrant Let us go forth to love and serve the Lord.

People **Thanks be to God.**

THE LENT PROSE

The Congregation sings the refrain:

“Hear us, O Lord, have mercy upon us: for we have sinned against Thee”

VOLUNTARY

Prelude in E minor, BWV 548

Johann Sebastian Bach (1685-1750)

Neil Cockburn, Artist-in-Residence, is Guest Organist and Choirmaster today

KYRIE ELEISON

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SANCTUS & BENEDICTUS

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Intercessions

FOR THOSE IN NEED: Kristy Benckhuysen (granddaughter of Mike and Sandy Prior), Reg Thompson-Gillard, Mary Dodds.

FOR THOSE ON THE PARISH CYCLE OF PRAYER: David & Faith Bell, Catherine Comba, Brian & Irene Dean, Marcia McLean, John Pacek, Sally Predika, Reg Thompson-Gillard, Mark & Grace Yip

Newcomers' and Inquirers' Classes

- ❖ **The Rector's Lenten Series** meets on Wednesdays from 7:30pm - 9:00pm in the Nave. The dates are: **March 23, 30** and **April 13**. These sessions are ideal for those who are seeking to be confirmed or want to learn more about the Cathedral, the Anglican Church and the Christian faith. **Please note** that there is no session **April 6** as previously advertised. The Rector will be at Harvard for Peter Gomes's memorial service.
- ❖ Are you new to our community? Next **Sunday, April 3**, we will be having an afternoon reception where you can meet other parishioners new and old in an informal setting. If you are new to the Cathedral and or would like to become a member, and would like to come to the reception, please speak to the Rector. Please don't be shy! We'd love to include anyone who wishes to join us.

Music and Liturgy

- ❖ **Tim Pyper** is away this week playing an organ recital at Trinity Cathedral, Columbia, South Carolina. On March 31 he will be defending his doctoral dissertation at Cornell University. We send him our prayers and good wishes.
- ❖ **Candlelight Vespers** is offered at 6 pm on Thursday evenings in Lent. Please join us at the end of the work day for a beautiful and contemplative half-hour service of silence, chant, and candlelight.
- ❖ A selection of the Rector's **Sermons** is posted on the Cathedral website. (www.anglican Cathedral Calgary.ca/Sermons)

Committee Updates

- ❖ The Cathedral **Pastoral Care Team** asks that you let them know of anyone in need of a visit or a friendly chat. Please contact Michael Prior at 403-239-6575.
- ❖ The members of the **Prayer Circle** support the ministry of the cathedral and of the diocese by daily intercession. We also take requests for special prayers for anyone in need of any kind. If you would like to ask for prayers for yourself or for someone else, or if you would like to become a member, please get in touch with one of the following:
Sandra Prior 403-239-6575
Christine Sutherland, email sutherla@ucalgary.ca, 403-286-4486

The Rector's Lenten Reading Suggestions

- ❖ A number of folks have asked me for some suggestions for Lenten Reading. Here are six suggestions:

FICTION:

Tinkers – Paul Harding
Dissolution – C. J. Sansom
Heathen Valley - Romulus Linney

NON-FICTION:

Journey to the Common Good – Walter Brueggeman
The Scandalous Gospel of Jesus- Peter Gomes
The Case for God – Karen Armstrong

Upcoming

- ❖ The annual Fellowship-sponsored **Spring Lunch** is on April 10 after the 10:30 service. We are having ham, scalloped potatoes and a vegetarian casserole (of course), but we are looking for contributions of mixed vegetables and desserts. There is a poster in the Narthex with stickies soliciting these vegetables and desserts. If you can contribute, please take a stickie so we know how well we are doing for these contributions. Admission to the Lunch is by contribution. We ask for \$6 per person and \$12 per family of up to 4; however, all are welcome.



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The Rev'd Leighton Lee, *Rector*
The Ven. J. Barry Foster, *Archdeacon of Calgary*
The Rev'd Canon Dr. Cyril Challice, *Honorary Assistant*

Tim Pyper
Director of Music

Norreen Baker-Hall, *Rector's Warden* • Jamie Hutchison, *People's Warden*
Christine Sutherland, *Assistant Warden*

Office hours are Monday – Thursday 9 AM – 4 PM

The Rector's day off is Friday

SERVICES THIS WEEK

Tuesday, 29 March, *Holy Eucharist* – 12:15 pm
Thursday, 31 March, *Holy Eucharist* – 12:15 pm
Thursday, 31 March, *Candlelight Vespers* – 6 pm